

Lesson Plan For Elementary Grades

Step One: Date October ____
Teacher's Name _____
Grade Level **Kindergarten through Grade 2**
Subject **Think First/Stay Safe --Child Lures**

Step Two: **Topic: Human Weather Conditions**

- Concept of Lure
- Concept of Law
- Recognizing & Following Instincts
- What is a Stranger
- Concept of Dignity: Fostering Self Esteem

Content

- How to recognize unsafe people

Key Vocabulary

- Weather, storm, violent lightening, tornado, blizzard, hurricane
- Bait, lure, fire drill, megabyte, complicated, existence
- Rules, crime, punish, law, private parts
- Bathing Suit Zone, property, legal, child molester, accuse, exception

Step Three: **Goals**

Aims and Outcomes

1. To help children realize they cannot trust everyone.
2. A child's body is his/her personal property and they deserve respect.
3. Instincts are our personal sirens that can be trusted to guide us.

Objectives

1. Like the weather, people are safe most of the time.
2. Anyone, even a family member, can be a child molester.
3. Children will learn how to protect themselves from dangerous people.

Materials Needed

- Poster of the types of weather: sunny, lightening, blizzard
- Fishing pole
- Bathing suits and hand-held Siren or picture of emergency vehicle

Step Four: **Methods**

10 minutes

Introduction

- Show Posters of the Weather: Sunny, Lightning, Rain, Blizzard
- Show Hand-held Siren (picture)
- Show bathing suits for boy and girl
- Show fishing Pole
- Say: Today we will learn how to recognize people who will help us and people who want to hurt us. Most people are safe, but some are like the weather.

20 minutes

Development

- While showing the posters, ask the following questions:

1. What kind of weather is safest? (sunny - clear blue skies)
2. What kind of people do you like best? (mostly nice, sunny people)
3. Is it possible for a sunny day to become a storm day? (yes)
4. Can a nice person suddenly become a not-so-nice person? (yes, sometimes the nice person can become mean or violent)

- **Display drawing of Lightning**

Say: Lightning can strike almost anytime or anywhere. When lightning strikes, what can we do to protect ourselves? (stay in doors) (Do not stand under a tree) (Do not stand in open areas) (Stay away from water and metal)

Say: Sometimes we have to protect ourselves from the people who are like 'bad weather' We have to stay away from "dangerous weather" people

- **Show Siren**

Ask: What does a Siren tell you? (someone is hurt or in danger)

Ask: How do you feel when you hear a loud siren? (excited, worried, frightened)

Ask: point to where those feelings come from. (stomach)

Ask: What do we call those feelings? (instincts or gut feelings)

Say: Instincts are our own personal siren that tells us to be careful

Say: Sometimes we feel like a Siren goes off inside when "dangerous weather" people try to approach us

- **Show fishing pole**

Say: When you go fishing, how do you catch a fish? (with a line, hook, and bait)

Ask: What's another word for bait? (lure)

Ask: What does a lure do? (attracts the fish and tricks them into biting the hook)

Ask: Can you think of some examples of how someone might trick you into trusting them or going with them? (asking for help, threatening, telling you there is an emergency, pretending to be your friend)

- **Show Bathing Suits**

Ask: Which parts of the body does a bathing suit cover? (private parts of the body)

Say: We can call the private parts of the body the Bathing Suit Zone.

Say: Your body belongs to you only. It is your private property.

Ask: Do you know why an adult should not touch a child in the Bathing Suit Zone or force a child to touch them in their bathing suit zone? (It is a crime. It is against the law)

Ask: What should you do if someone touches you in the Bathing Suit Zone and you feel the siren go off? (tell my parents or trusted adult)

Ask: Why is it important to tell someone? (because you are special, one-of-a-kind and should be treated with dignity)

5 minutes

Check for Understanding

- Ask: What kind of weather are most people we know like? (sunny & safe)
- Ask: What kind of person do we need to protect ourselves from? (dangerous bad weather people) (people who don't respect the Bathing Suit Zone)
- Ask: Is there anyone who might be an exception to the bathing suit zone? (doctor)
- Show List of words from the vocabulary list and ask the children to tell what they mean.

5 minutes

Closure

- Ask: Which do you like to feel, cold or nice and warm? (nice and warm)
- Say: When people make you feel like "winter cold" and unsafe you need to move away from them.
- Ask: How can you tell when you are unsafe with someone? (our instincts tell us)
- Say: If people make you feel sunny and warm, then you know they are safe.
- Ask: If you feel unsafe, what should you do? (tell your parents or a trusted adult)

Step Five: **Evaluation**

- Did the children make the application between people who are safe and people to be avoided?